



Hello to a healthier you!

It's time to say goodbye to the sweatpants and couch and hello to reaching your weight-loss and wellness goals.

With **myWW+**, WW's customized program, you'll...

- ✓ **Eat food you love**—and lose weight!—thanks to WW's science-backed program.
- ✓ **Get nonstop support** with 24/7 Coaching and Connect, WW's member-only social network.
- ✓ **Find new moves** with on-demand workouts from Obé Fitness, FitOn, and Aaptiv.
- ✓ **Reset your mindset** with audio Coaching and Headspace meditations.



over
\$100
value

Sign up by October 31 and

Get a **FREE** Hello Success Kit*

with your WW membership.

While supplies last. Kit contents may vary.

1. Sign up by October 31. All Medical Mutual members are eligible for an upfront discounted WW membership. Learn more at [WW.com/us/mmomembers](https://www.com/us/mmomembers)
2. Get your Hello Success Kit at [WW.com/hellosuccess](https://www.com/hellosuccess)

Already a WW member? You can sync your current WW account to get this discount.

Questions on signing up or syncing your current account? Call WW customer service at 866-204-2885.

* FREE Hello Success Kit offer: To get a free kit, you must purchase a WW membership plan between September 1 and October 31. Available only where WW membership plans are offered through your employer or health plan, and in participating areas only. One kit per member. Kit must be redeemed by November 13. While supplies last. Over \$100 in value includes \$50 worth of coupons. U.S. addresses only. Please allow at least 3 to 4 weeks for delivery. Offer not available to current members. Offer may be revoked at any time and may not be redeemed for cash. Nontransferable. Void where prohibited.

† "Less than" prices reflect the Digital membership plan for your organization's employees. Monthly payment is required in advance. You will be automatically charged each month in accordance with company pricing until you cancel or your employment with your organization terminates.

‡ Based on a 2020 IQVIA survey of 14,000 doctors who recommend weight-loss programs to patients.

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**#1 Doctor
Recommended
Weight-Loss
Program[‡]**