



# Shelby Elementary School Menu March, 2023



Monday	Tuesday	Wednesday	Thursday	Friday	News	
<b>Mar-6</b>  <i>Cinni Mini</i> Hot Dog Sandwich Carrots w/Dip Chips Pears Milk	<b>Mar-7</b>  <i>Pancake Wrap</i>  Chicken Fries Mashed Potatoes w/Gravy Dinner Roll Applesauce Cups Milk	<b>Mar-8</b>  <i>Breakfast Pizza</i>  French Toast Sausage Patty Potato Wedge Juice Milk	<b>Mar-9</b>  <i>Omelet &amp; Apple Muffin Bread</i>  BBQ Grilled Chicken Sandwich Mixed Vegetables Peaches Milk	<b>Mar-10</b>  <i>Sausage Breakfast Square</i>  Cheese Pizza Salad Clementine Milk	<p><b>**Effective 22/23 school year, meals are NO LONGER FREE to all students.</b> You must fill out a free/reduced meal application or qualify through direct certification from job and family services in order to be considered for free or reduced priced meals. Applications may be filled out online at <a href="http://www.payschoolscentral.com">www.payschoolscentral.com</a> See food service page on the school district website for details.</p> <p><b>PaySchools Central allows parents to:</b></p> <ul style="list-style-type: none"> <li>- Fill out a free/reduced meal application</li> <li>- See your child's cafeteria balance</li> <li>- Get a text / email when the balance is low</li> <li>- See what your child is purchasing</li> <li>- Add funds to cafeteria account online</li> <li>- Pay school fees online</li> </ul> <p><b>Student Meal Prices:</b>            Lunch \$2.75 ; reduced \$.40            Breakfast \$1.25 ; reduced \$.30            Milk \$.50</p> <p><b>Breakfast:</b> Includes your choice of the entree listed in italics OR a toaster pastry, milk, and choice of fruit or 100% fruit juice. Breakfast is served in the cafeteria each morning before school. If you are eligible for free or reduced price lunch you are also eligible for free or reduced breakfast.</p>	
<b>Mar-13</b>  <i>Cinni Mini</i> Cheeseburger w Pickles French Fries Apple Slices Caramel Cup Milk	<b>Mar-14</b>  <i>Pancake Wrap</i>  Chicken Tender Snack Wrap Cooked Carrots Pineapple Milk	<b>Mar-15</b>  <i>Breakfast Pizza</i>  Frito Flip Corn/Black Beans Peaches Milk	<b>Mar-16</b>  <i>Omelet &amp; Apple Muffin Bread</i>  Chicken Littles Smiley Taters Strawberry Cup Milk	<b>Mar-17</b>  <i>Sausage Breakfast Square</i>  Stuffed Breadsticks w/Sauce Salad Applesauce Milk		
<b>Mar-20</b>  <i>Cinni Mini</i> Chicken Nuggets Dinner Roll Broccoli w/Cheese Pineapple Milk	<b>Mar-21</b>  <i>Pancake Wrap</i>  Beef Taco w/Cheese Shredded Lettuce Potato Wedge/ Refried Beans Sorbet Cup Milk	<b>Mar-22</b>  <i>Breakfast Pizza</i>  Calzone Salad Peaches Milk	<b>Mar-23</b>  <i>Omelet &amp; Apple Muffin Bread</i>  Salisbury Steak Dinner Roll Mashed Potatoes w/Gravy Apple Crisp Milk	<b>Mar-24</b>  <i>Sausage Breakfast Square</i>  Macaroni & Cheese Apple Muffin Loaf Peas Pears Milk  <b>Early Release</b>		
<b>Mar-27</b>  <i>Cinni Mini</i> Mini Corn Dogs Baked Beans Strawberry Cup Milk	<b>Mar-28</b>  <i>Pancake Wrap</i>  Gen Tso or Sweet & Sour Chicken Rice Steamed Broccoli Mandarin Oranges Fortune Cookie Milk	<b>Mar-29</b>  <i>Breakfast Pizza</i>  Pepperoni Pizza Salad Banana Milk	<b>Mar-30</b>  <i>Omelet &amp; Apple Muffin Bread</i>  Chicken Patty Sandwich Green Beans Pears Milk	<b>Mar-31</b>  <i>Sausage Breakfast Square</i>  Sloppy Joe Sandwich Tater Tots Peaches Milk		

*"Offer vs Serve" allows students to refuse up to 2 items on the lunch menu and 1 item on the breakfast menu; however, all meals must include a fruit or vegetable to be considered a complete meal. Menu subject to change due to availability of items!*

*"This institution is an equal opportunity provider"*