



Shelby High School Menu March, 2023



Monday	Tuesday	Wednesday	Thursday	Friday	News
<p>Mar-6</p> <p style="text-align: center;"><i>Cinni Mini</i></p> <p>Double Dog Day Baked Beans Chips Pears Milk</p>	<p>Mar-7</p> <p style="text-align: center;"><i>Pancake Wrap</i></p> <p>Chicken Fries Mashed Potato w/Gravy Dinner Roll Applesauce Cups Milk</p>	<p>Mar-8</p> <p style="text-align: center;"><i>Breakfast Pizza</i></p> <p>Biscuit w/ Sausage Gravy Scrambled Eggs Potato Wedges Juice Milk</p>	<p>Mar-9</p> <p style="text-align: center;"><i>Omelet & Apple Muffin Bread</i></p> <p>BBQ Grilled Chicken Sandwich Mixed Vegetables Peaches Milk</p>	<p>Mar-10</p> <p style="text-align: center;"><i>Sausage Breakfast Square</i></p> <p>Cheese Pizza Salad Clementine Milk</p>	<p>**Effective 22/23 school year, meals are NO LONGER FREE to all students. You must fill out a free/reduced meal application or qualify through direct certification from job and family services in order to be considered for free or reduced priced meals. Applications may be filled out online at www.payschoolscentral.com See food service page on the school district website for details.</p> <p>PaySchools Central allows parents to:</p> <ul style="list-style-type: none"> - Fill out a free/reduced meal application - See your child's cafeteria balance - Get a text / email when the balance is low - See what your child is purchasing - Add funds to cafeteria account online - Pay school fees online <p>Student Meal Prices: Lunch \$2.75 ; reduced \$.40 Breakfast \$1.25 ; reduced \$.30 Milk \$.50</p> <p>High School Breakfast: We offer several choices for breakfast daily. Entrees rotate daily between Breakfast Pizza, Cinnamon Rolls, Pancake Wraps; and Breakfast Sandwiches, as well as assorted breakfast bars, toaster pastries, & uncrustables. Breakfast also includes choice of fruit or 100% fruit juice, and milk.</p> <p>High School Lunch: In addition to the entree shown on the menu, the High School cafeteria also offers Uncrustables, Chef Salads, or Deli Turkey Wraps (based on staffing and availability of food). In addition to the vegetables shown, the High School also offers baby carrots w dip daily.</p>
<p>Mar-13</p> <p style="text-align: center;"><i>Cinni Mini</i></p> <p>Cheeseburger Deluxe French Fries Apple Slices Caramel Cup Milk</p>	<p>Mar-14</p> <p style="text-align: center;"><i>Pancake Wrap</i></p> <p>Chicken Tender Snack Wrap Cooked Carrots Pineapple Milk</p>	<p>Mar-15</p> <p style="text-align: center;"><i>Breakfast Pizza</i></p> <p>Pulled Pork Nachos Corn/Black Beans Cole Slaw Sorbet Cup Milk</p>	<p>Mar-16</p> <p style="text-align: center;"><i>Omelet & Apple Muffin Bread</i></p> <p>Chicken Littles Smiley Taters Strawberry Cup Milk</p>	<p>Mar-17</p> <p style="text-align: center;"><i>Sausage Breakfast Square</i></p> <p>Stuffed Breadsticks w/Sauce Salad Applesauce Milk</p> <div style="text-align: center; margin-top: 10px;"> </div>	
<p>Mar-20</p> <p style="text-align: center;"><i>Cinni Mini</i></p> <p>Chicken Nuggets Dinner Roll Broccoli w/Cheese Pineapple Milk</p>	<p>Mar-21</p> <p style="text-align: center;"><i>Pancake Wrap</i></p> <p>Beef Taco w/Cheese Shredded Lettuce Potato Wedge/ Refried Beans Sorbet Cup Milk</p>	<p>Mar-22</p> <p style="text-align: center;"><i>Breakfast Pizza</i></p> <p>Pepperoni Calzone Salad Peaches Milk</p>	<p>Mar-23</p> <p style="text-align: center;"><i>Omelet & Apple Muffin Bread</i></p> <p>Salisbury Steak Dinner Roll Mashed Potatoes w/Gravy Spice Cake Milk</p>	<p>Mar-24</p> <p style="text-align: center;"><i>Sausage Breakfast Square</i></p> <p>Macaroni & Cheese Bar Apple Muffin Loaf Peas Pears Milk Early Release</p>	
<p>Mar-27</p> <p style="text-align: center;"><i>Cinni Mini</i></p> <p>Mini Corn Dogs Baked Beans Strawberry Cup Milk</p>	<p>Mar-28</p> <p style="text-align: center;"><i>Pancake Wrap</i></p> <p>Gen Tso or Sweet & Sour Chicken Rice Steamed Broccoli Mandarin Oranges Fortune Cookie Milk</p>	<p>Mar-29</p> <p style="text-align: center;"><i>Breakfast Pizza</i></p> <p>Pepperoni Pizza Salad Banana Milk</p>	<p>Mar-30</p> <p style="text-align: center;"><i>Omelet & Apple Muffin Bread</i></p> <p>Chicken Patty Sandwich Green Beans Pears Milk</p>	<p>Mar-31</p> <p style="text-align: center;"><i>Sausage Breakfast Square</i></p> <p>Sloppy Joe Sandwich Tater Tots Peaches Milk Choice: Fish Sandwich</p>	

"Offer vs Serve" allows students to refuse up to 2 items on the lunch menu and 1 item on the breakfast menu; however, all meals must include a fruit or vegetable to be considered a complete meal. Menu subject to change due to availability of items!

"This institution is an equal opportunity provider"