



Shelby Middle School Menu March, 2023



Monday	Tuesday	Wednesday	Thursday	Friday	News
Mar-6 <i>Cinni Mini</i> Hot Dog Sandwich Carrots w/Dip Chips Pears Milk	Mar-7 <i>Pancake Wrap</i> Chicken Fries Mashed Potatoes w/Gravy Dinner Roll Applesauce Cups Milk	Mar-8 <i>Breakfast Pizza</i> French Toast Sausage Patty Potato Wedge Juice Milk	Mar-9 <i>Omelet & Apple Muffin Bread</i> BBQ Grilled Chicken Sandwich Mixed Vegetables Peaches Milk	Mar-10 <i>Sausage Breakfast Square</i> Cheese Pizza Salad Clementine Milk	<p>3/7 - M.S Conferences 3:00 - 6:00 3/8 - 6th Gr. Academic Challenge at MOESC (pm) 3/9 - Gr. 7-8 Academic Challenge at MOESC (pm) 3/14 - SCRAP at SMS from 2-4 3/17 - St. Patrick's Day - Tentative SMS Talent Show 7:00 PM SHS PAC 3/18 - Tentative SMS Talent Show at 2:00 PM and 7:00 PM at SHS PAC 3/22 - SCRAP @ SMS from 2-4 3/24 - End of 3rd Quarter 3/28 - SCRAP @ SMS from 2-4 3/29 - PK-8 Art Show 5:00 - 7:30 in Cafeteria 3/31 - 3rd Quarter Grade Cards Sent Home</p> <p>**Effective 22/23 school year, meals are NO LONGER FREE to all students. You must fill out a free/reduced meal application or qualify through direct certification from job and family services in order to be considered for free or reduced priced meals. Applications may be filled out online at www.payschoolscentral.com See food service page on the school district website for details.</p> <p>PaySchools Central allows parents to:</p> <ul style="list-style-type: none"> - Fill out a free/reduced meal application - See your child's cafeteria balance - Get a text / email when the balance is low - See what your child is purchasing - Add funds to cafeteria account online - Pay school fees online <p>Student Meal Prices: Lunch \$2.75 ; reduced \$.40 Breakfast \$1.25 ; reduced \$.30 Milk \$.50</p> <p>Breakfast: Includes your choice of the entree listed in italics OR a toaster pastry, milk, and choice of fruit or 100% fruit juice. Breakfast is served in the cafeteria each morning before school. If you are eligible for free or reduced price lunch you are also eligible for free or reduced breakfast.</p>
Mar-13 <i>Cinni Mini</i> Cheeseburger w Pickles French Fries Apple Slices Caramel Cup Milk	Mar-14 <i>Pancake Wrap</i> Chicken Tender Snack Wrap Cooked Carrots Pineapple Milk	Mar-15 <i>Breakfast Pizza</i> Frito Flip Corn/Black Beans Peaches Milk	Mar-16 <i>Omelet & Apple Muffin Bread</i> Chicken Littles Smiley Taters Strawberry Cup Milk	Mar-17 <i>Sausage Breakfast Square</i> Stuffed Breadsticks w/Sauce Salad Applesauce Milk	
Mar-20 <i>Cinni Mini</i> Chicken Nuggets Dinner Roll Broccoli w/Cheese Pineapple Milk	Mar-21 <i>Pancake Wrap</i> Beef Taco w/Cheese Shredded Lettuce Potato Wedge/ Refried Beans Sorbet Cup Milk	Mar-22 <i>Breakfast Pizza</i> Calzone Salad Peaches Milk	Mar-23 <i>Omelet & Apple Muffin Bread</i> Salisbury Steak Dinner Roll Mashed Potatoes w/Gravy Apple Crisp Milk	Mar-24 <i>Sausage Breakfast Square</i> Macaroni & Cheese Apple Muffin Loaf Peas Pears Milk Early Release	
Mar-27 <i>Cinni Mini</i> Mini Corn Dogs Baked Beans Strawberry Cup Milk	Mar-28 <i>Pancake Wrap</i> Gen Tso or Sweet & Sour Chicken Rice Steamed Broccoli Mandarin Oranges Fortune Cookie Milk	Mar-29 <i>Breakfast Pizza</i> Pepperoni Pizza Salad Banana Milk	Mar-30 <i>Omelet & Apple Muffin Bread</i> Chicken Patty Sandwich Green Beans Pears Milk	Mar-31 <i>Sausage Breakfast Square</i> Sloppy Joe Sandwich Tater Tots Peaches Milk	

"Offer vs Serve" allows students to refuse up to 2 items on the lunch menu and 1 item on the breakfast menu; however, all meals must include a fruit or vegetable to be considered a complete meal. Menu subject to change due to availability of items!

"This institution is an equal opportunity provider"