



Shelby Middle School Menu October 2026



(Menu subject to change due to availability of items. Please check the school calendar for the most accurate menu!)

Monday	Tuesday	Wednesday	Thursday	Friday	News
Oct-5 <i>Cinni Mini</i> Gen Tso or Sweet & Sour Chicken Rice Steamed Broccoli Mandarin Oranges Fortune Cookie Milk	Oct-6 <i>Pancake Wrap</i> Beef Nachos w/Cheese Corn/Black Beans Sorbet Cup Milk	Oct-7 <i>Breakfast Pizza</i> Rib Sandwich Tater Tots Watermelon Milk	Oct-8 <i>Omelet & Apple Muffin Bread</i> Chicken Nuggets Dinner Roll Mixed Vegetables Tropical Fruit Milk Brownie	Oct-9 <i>Sausage Breakfast Square</i> Stuffed Breadsticks w/Sauce Salad Peaches Milk	10/5 - Volleyball at home 5:00 PM 10/7 - Volleyball at Pleasant 5:00 PM - FCCLA Meeting after school till 3:15 PM 10/8 - Football at Ontario 5:00 - Eco Whippets Meeting 10/9 - Little Brothers introduced pregame varsity game 10/11 - Butter Braid Concert 2:00 PM 10/12 - Volleyball at home 5:00 PM 10/13 - SCRAP Trailer 2-4:00 PM 10/15 - Teacher Work Day - no school for Students 10/16 - Teacher Inservice - no school for Students 10/19 - No School - Fall break / end of 1st nine weeks 10/21 - SCRAP trailer 2-4:00 PM 10/22 - Picture Retakes - Honors Choir Rehearsal 10/24 - Honors Choir Concert 10/26 - Eco Whippets Meeting 10/27 - SCRAP trailer 2-4 PM 10/29 - Conferences 3-6 PM 10/30 - First installment for Washington DC due to Nowalk Tours Lunch Prices: \$3.00 (K-5); \$3.10 (6-8); \$3.25 (9-12) Reduced \$.00* for all grades Adult \$4.25 Breakfast Prices: \$1.50 (K-12) Reduced \$.00* for all grades Adult \$2.00 Milk \$.50 Per USDA regulations, students who pack lunch and want milk must be charged for the milk regardless of their meal status (free, reduced, full pay). Breakfast: Includes your choice of the entree listed in italics OR a toaster pastry, milk, and choice of fruit or 100% fruit juice. Breakfast is served in the cafeteria each morning before school. Lunch: Baby carrots w dip will be offered several days per week as a vegetable option
Oct-12 <i>Cinni Mini</i> Chicken Patty Sandwich Broccoli w/Cheese Pears Milk Goldfish Graham	Oct-13 <i>Pancake Wrap</i> French Toast Sausage Potato Wedge Juice Milk	Oct-14 <i>Breakfast Pizza</i> Hot Dogs Baked Beans Applesauce Chips Milk	Oct-15 NO SCHOOL STAFF TRAINING	Oct-16 NO SCHOOL	
Oct-19 NO SCHOOL	Oct-20 <i>Pancake Wrap</i> Uncrustable Smiley Potato Banana Milk Cheez-its	Oct 21 <i>Breakfast Pizza</i> Curley Spaghetti Garlic Breadstick Salad Pears Milk	Oct 22 <i>Omelet & Apple Muffin Bread</i> Cheeseburger w/Pickles French Fries Mixed Fruit Milk	Oct 23 <i>Sausage Breakfast Square</i> Calzone Green Beans Sorbet Milk Sugar Cookie	
Oct-26 <i>Cinni Mini</i> Chicken Littles Tater Tots Strawberry Cup Milk White Cake	Oct-27 <i>Pancake Wrap</i> Mini Corn Dogs Baked Beans Grapes Milk Chips	Oct 28 <i>Breakfast Pizza</i> Mac & Cheese Peas Apple Muffin Bread Applesauce Milk	Oct 29 <i>Omelet & Apple Muffin Bread</i> Salisbury Steak Dinner Roll Mashed Potatoes w/Gravy Peaches Milk	Oct 30 <i>Sausage Breakfast Square</i> Pizza Salad Pineapple Milk Chocolate Graham Bites	



"Offer vs Serve"" allows students to refuse up to 2 items on the lunch menu and 1 item on the breakfast menu; however, all meals must include a fruit or vegetable to be considered a complete meal.
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